

*News from the Dharma Realm*

## *The Wonderful Effects of Acupuncture*

April 8, 1985

Dear Abby,

In April, 1983, I wrote to you concerning my problem with tic douloureux (trigeminal neuralgia). When I wrote to you I was at the point of desperation.

In early 1982, I had undergone surgery, which was supposed to have corrected the trigeminal neuralgia. Not only did the pain return, but I also lost the hearing in my left ear as a result of the surgery. My hearing has never returned.

When I wrote to you I hoped that perhaps some of your other readers might offer some suggestions as to where I might turn for help. I tried bio-feed-back treatment, but the relief was only temporary. The doctors I consulted said that further surgery would be useless and would only pose further danger to my health.

I suffered with the pain until February of this year. One of my friends suggested I try acupuncture treatment. I only wish now that I had done that sooner. I have now completed treatment, and the results are unbelievable. I rarely feel any facial discomfort at all now, and when it does occur, it is of very short duration.

I would strongly recommend acupuncture treatment to any of your other readers who might suffer from this ailment. It certainly has done a world of good for me.

Sincerely,

Arthur J. Gray

P.S.: My acupuncturist is Dr. Liu at the Acupuncture Clinic of the City of Ten Thousand Buddhas in Talmage California. I think she is wonderful. Her telephone number is (707)468-9921.

Dear Dr. Liu:

It has been over nine months since I came to you for a variety of problems, mainly addiction to cocaine.

Maybe you will remember me--I cried throughout most of the treatments, not because they hurt, but because I was afraid it wouldn't work and solve all my problems, and I wanted it to work so badly.

Since that time, I have been completely free of this very addiction, and in addition to that, my sugar con-

sumption has dropped way off, and coffee is no longer a habit, but an occasional treat.

I want you to know how much you have helped me and how you continue to help me even now.

I see in the newspapers and on TV how this very same widespread problem is costing people thousands of dollars to cure themselves in various treatment centers, and I think of how lucky I am to have come to you when I did.

You have saved me lots of money, and more than that, emotional anxiety in not having to deal with a problem I no longer have, and I say countless thanks to you every day--to you and your organization.

My life isn't completely problem free, but it is much easier to accept that we all have problems and eventually they will work themselves out one way or another. You have truly turned my life around, and I am grateful.

Cathy Paula