探索人生 2027 年冬季佛學營招生公告

--恒實法師談三步一拜及宣化上人之教育理念

2027 Winter Buddhist Camp: Exploring Life (English on p.3)

日期：2027 年 1 月 9 日 (星期六) 下午至 1 月 13 日 (星期三) 中午

地點：臺灣新北市三峽區國立臺北大學

住宿：國立臺北大學學生宿舍(雙人房)

主辦單位：財團法人宣化文教基金會、國立臺北大學人文學院

招生對象：18–50 歲男女青壯年，限收 50 人；歡迎學生報名。教師及醫護人員年齡不拘。

費用：全免。

報名截止日期：2026 年 10 月 1 日。報名宜速，以免向隅。

線上報名連結：2027 年冬季佛學營 線上報名表

錄取通知日期：2026 年 11 月 1 日。

師資：

- 恒實長老法師-- 法界佛教總會[1]會長；加州大學博士。
- 萬佛城系統其他比丘數名。

分享講者：

- 臺北大學 前任校長薛富井
- 淡江大學 物理系教授張經霖
- 陽明交大 傳播所副教授陳延昇

注意事項：

- 禁葷食、蛋、葱、蒜等，不得抽菸、飲酒、吸食毒品等，嚴禁性行爲。
- 上課時間不得上網。

[1] 法界佛教總會(法總)係宣化上人所創辦，屬下道場包括萬佛聖城等 29 處，分佈於北美、亞洲、歐洲、澳洲等地。僧眾嚴守戒律，力行不爭、不貪、不求、不自私、不自利、不妄語等六大準則，日中一食、衣不離體。

每日作息：

時　間	課程內容
6:00	起床
6:30 – 7:15	早課(靜坐)
7:30 – 8:00	早餐
8:30 – 10:00	三步一拜講座
10:15 – 11:15	太極拳
11:30 – 12:15	午齋
12:15 – 12:45	出坡(社區服務)
13:00 – 13:45	午休
14:00 – 15:30	分組討論、問答
16:00 – 17:00	坐禪、觀音法門
17:15 – 18:00	藥石(晚餐)
18:15 – 19:00	晚課(靜坐)
19:30 – 21:00	上人之教育理念講座
22:00	養息/安板（止語）

特別活動：

星期二（1/12）

上午 9:30 - 11:00：實法師三步一拜公開演講

下午 2:00 - 5:00：參訪台華窯

星期三（1/13）

晚上 19:30 - 21:00：實法師上人之教育理念公開演講

我有明珠一顆，久被塵勞關鎖；

今朝塵盡光生，照破山河萬朵。

—宋·茶陵郁禪師悟道偈

2027 Winter Buddhist Camp: Exploring Life[i]

Rev. Heng Sure on the Three Steps, One Bow Pilgrimage
and Venerable Master Hsuan Hua's Educational Vision

Dates:

Saturday afternoon, **January 9, 2027** – wednesday noon, **January 13, 2027**

Location:

National Taipei University (Sanxia Campus), New Taipei City, Taiwan

Organizers:

- Hsuan Hua Foundation
- College of Humanities, National Taipei University

Eligibility

- Men and women **18–50 years old** (maximum of **50 participants**)
- Students are especially encouraged to apply.
- **Teachers and healthcare professionals are welcome regardless of age.**

Cost

Free of charge.

Application Deadline: October 1, 2026

Early registration is encouraged, as space is limited.

Online Registration only: *https://forms.gle/qL6xcbi3jMAMF3ux9*

Admission Notification: November 1, 2026

Instructors

Dharma Teachers

- **Venerable Heng Sure**
  President, Dharma Realm Buddhist Association (DRBA)
  Ph.D., University of California
- Several other bhikshus from the City of Ten Thousand Buddhas (CTTB) monastic community

Discussion Group Leaders

- **Dr. Shiue, Fujiing**
  Former President, National Taipei University
- **Prof. Chang, Henry**
  Department of Physics, Tamkang University
- **Associate Professor Chen, Sam**
  Institute of Mass Communication, National Yang Ming Chiao Tung University

Daily Schedule

Time	***Activity***
6:30–7:15	*Morning Meditation*
7:30–8:00	*Breakfast*
8:30–10:00	*Lecture on the Three Steps, One Bow Pilgrimage*
10:15–11:15	*Exercise (Tai Ji)*
11:30–12:15	*Lunch*
12:15-12:45	*Community Service*
13:00-13:45	*Rest*
14:00–15:30	*Small Group Discussions & Q&A*
16:00–17:00	*Chan Meditation & Guanyin Dharma Practice*
17:15–18:00	*Evening Meal*
18:15–19:00	*Evening Meditation*
19:30–21:00	*Lecture: Venerable Master Hua's Education Vision*
22:00	*Lights Out / Noble Silence*

Special Events:

Tuesday (January 12)

- **9:30–11:00 AM:** Public lecture on the Three Steps, One Bow pilgrimage
- **Afternoon:** Visit to Tai-Hwa Pottery

Wednesday (January 13)

- **7:30–9:00 PM:** Public lecture on Venerable Master Hua's Education Vision

Guidelines

Participants are expected to observe the following throughout the camp:

- Vegetarian diet only. Meat, fish, eggs, onions, garlic, leeks, chives, and similar pungent vegetables are not permitted.
- No smoking, alcohol, or recreational drugs.
- Sexual activity is strictly prohibited.
- Internet use is not permitted during class sessions.

"I possess a luminous pearl,
Long buried beneath the dust of worldly cares.
Today the dust is gone and its light shines forth,
Illuminating the myriad mountains and rivers."
— Verse of Awakening by Chan Master Yu of Chaling (Song Dynasty)

[i] English translation by ChatGPT.