



Amitabha's Happy Land

— Introduces Young Readers to the Pure Land Dharma Door

新書推薦——阿彌陀佛極樂國

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Long ago, in a past life, Buddha Amitabha was a king who gave up his kingdom and became a monk. He sat in quiet meditation for many long years in cold wind and hot sun. One day he said, "Alas! Becoming a Buddha is too hard. When I become a Buddha, I will make a land where it will be easy to become a Buddha. It will be called the Happy Land."

Instilling Goodness Books, an imprint of Buddhist Text Translation Society, recently published of a new picture book for children called *Amitabha's Happy Land*. The book was jointly written and illustrated by bhikshunis and laypeople.

It shows children how it is possible for people to live a happy life and die in peace, and it takes them on a journey through the Happy Land of golden light with its jeweled trees, magical birds, and sparkling pools of lotus flowers illustrating, a safe place where people can go when they die. Most importantly, it points to the benefits of reciting Amitabha's name.

When we recite Amitabha's name, he is with us on our journey through life. We are human. We make mistakes. We are afraid of the dark and we get sick. We feel lonely and sad. Sometimes we don't listen, we hurt others and we get hurt. At times like these, if we remember to recite Amitabha, it will help us to calm down. The hurt won't feel so bad and the dark won't be so scary.

This is an inspiring book with stunning illustrations, ideal for parents to share with their children to introduce them to the teachings of the Pure Land. ❀

很久以前，阿彌陀佛是位國王，他放棄了自己的王國出家了。在寒風烈日下，他長時間靜坐冥想。有一天，他說：「啊！成佛實在太難了。等我成佛時，我要創建一個容易成佛的國土，它叫極樂國。」

印有佛經翻譯委員會的育良童書，宣佈為兒童製作的新圖畫書《阿彌陀佛極樂國》已經完成。這本書是比丘尼和居士們共同努力的結晶。

書中向孩子們展示了如何過上幸福的生活和平靜的離世。它帶著大家暢遊散發金色光芒的極樂國土，那裡有寶樹、神奇的鳥兒和閃閃發光的蓮池，那是一個他們臨終時可以去的安全的地方。最重要的是，它指出了念阿彌陀佛名號的重要性：

當我們念誦阿彌陀佛名號時，在我們的生命中，他就與我們同在。

我們是人，我們會犯錯誤，會害怕黑暗，也會生病。

我們會感到孤獨和悲傷。有時我們不能聆聽，我們會傷害別人，或者受到傷害。

在這樣的時刻，如果我們記得念誦阿彌陀佛名號，就能幫助我們平靜下來。

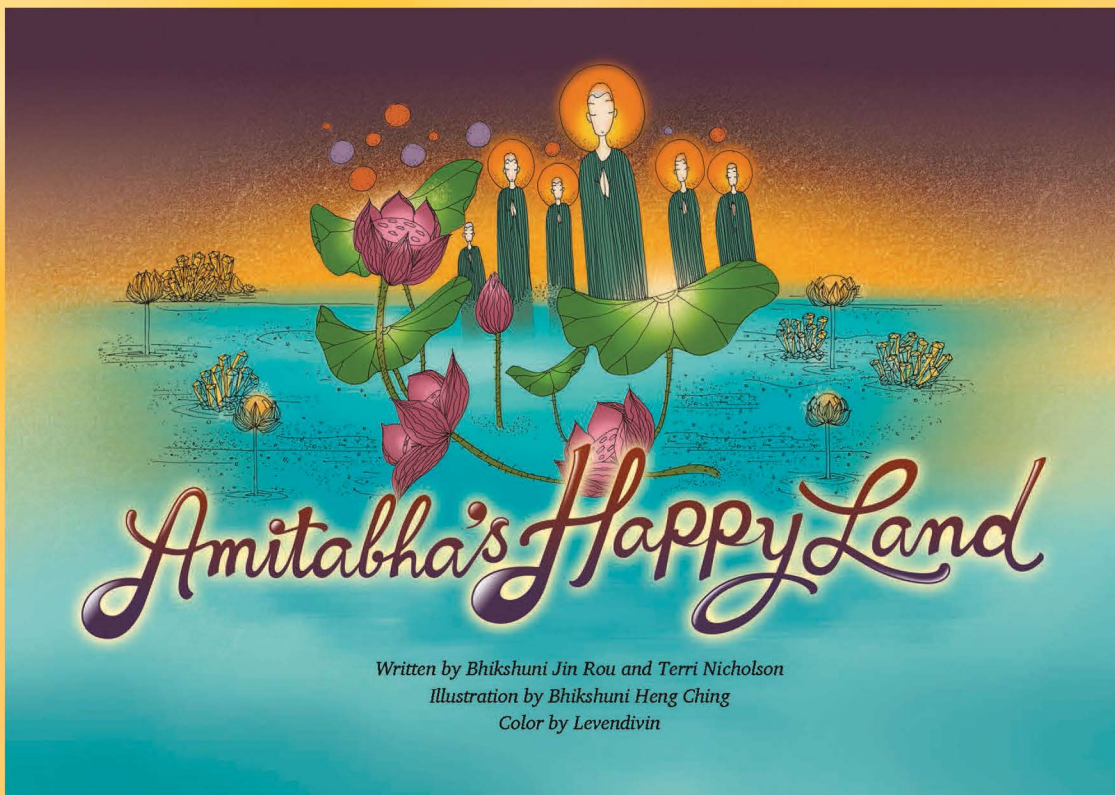
這樣傷害就不會那麼嚴重，黑暗也不會那麼可怕。

這是一本啟發靈感的書，書中有精美的插圖，供父母和孩子們分享。❀

New Book

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he is with us on our journey through life.**



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