



弟子：七寶山在哪裡？

宣公上人：若往有形的說，在須彌山的周圍有七金山，又叫七寶山。須彌山在什麼地方？須彌山就在你的心裡！那貢高我慢就是須彌山。七寶山也就可以說是喜、怒、哀、懼、愛、惡、欲這七情，這就叫七寶山。你會用，就變成七寶山；你不會用，就變成七座邐邐的山。若往自性裡頭找，就這麼講；若往外找呢？就是到須彌山那兒找！總而言之，你不能想法子在這個地方去找寶貝去，說金、銀、琉璃、玻璃、硨磲、瑪瑙、赤珠這七寶山，我到那個地方開礦去！開礦可以的，就是要好好修行，開你自己的智慧礦，把七情變成了七種的聖性——聖人的性。

Disciple: Where are the Seven Jeweled Mountains?

Venerable Master Hua: In terms of the physical world, around Mount Sumeru, there are Seven Jeweled Mountains. Where is Mount Sumeru? In your own mind, Mount Sumeru is your arrogance. The Seven Jeweled Mountains could be said to be the seven emotions of joy, anger, sorrow, fear, love, hatred, and desire. If you are able to use them they can become the Seven Jeweled Mountains. If you aren't able to use them, then they become the seven impure mountains. That is what you find inside when you look within. But when you look outside searching for the jewels around Mount Sumeru, you won't find them. All in all, to look outside of your mind is not the correct way to seek jewels. You might say, "The Seven Jeweled Mountains have gold, silver, lapis lazuli, crystal, mother-of-pearl, red pearls, and carnelian. I could go there and open up a mine." Yes, you can go open a mine and that very mining is actually your practice of cultivation. It is mining your own mine of wisdom. If you can cultivate well, then you can turn the seven emotions into the seven sagely natures.