



法界聖城中小學校副校長 — 吳姿瑩

Vice Principal of The City of Dharma Realm IGDV Schools
—Tzuying (Tammy) Wu



伍怡詩 文/譯
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吳姿瑩，台灣台北人，小學時移民美國。獲得布朗大學醫學博士學位後，取得醫師執照，成為整形外科醫生。為配合夫婿李茗樵的工作地點，來到美國加州中谷牡丹市開業行醫。

2003年與2004年，吳姿瑩分別參加全美整型外科醫生的筆試與口試。筆試成績名列前茅（前百分之十），但口試竟然沒過，這對考場向來一帆風順的吳姿瑩而言，不僅是很大的打擊，而且令她懷疑自己的行醫能力。此時哥哥建議她參加金輪寺25週年舉辦的梁皇寶懺，並且告訴她，誠心懺悔業障可幫助考試順利通過。雖然過去從未接觸佛教，但吳姿瑩抱著不妨一試的心

Born in Taipei, Taiwan, Tzuying (Tammy) Wu immigrated to the United States when she was in elementary school. After obtaining her Medical Doctor (MD) degree from Brown University, she became board certified in Plastic and Reconstructive Surgery. She settled in Modesto, California, after her husband Ming-Chiao (Calvin) Lee was offered a job there.

As part of the board certification process in Plastic Surgery, Tammy took the written and oral exams in 2003 and 2004 respectively. While she scored in the top 10 percentile on her written exam, she did not pass her oral exam. For someone who passes exams with ease all her life, the failure of her oral boards sent a big shock through her system and made her doubt her ability to be a physician. Her elder brother suggested that she participate in the Emperor Liang's Jeweled Repentance at the Gold Wheel Monastery (GWM), the same year GWM was celebrating its 25th Anniversary. He told her that her sincerity in repenting could help her pass her oral boards. Not having prior exposure to Buddhism, Tammy decided to give it a try. A few months after she completed

情前往，法會圓滿數月後，她再次參加口試，竟然一舉過關。

數年後她得知在西沙加緬度有座上人的道場法界聖城，距離牡丹市大約一個半小時的車程。自此她每週六晚間前往聽《楞嚴經》，數月後並應邀在法界聖城的育良小學與培德中學教生物課。兩年後，因工作太忙而無法繼續任教。後來恰逢法界聖城中小學申請美西教育聯盟認證資格，吳姿瑩應邀加入申請I-17團隊。CDR IGDVS經過經過將近三年的辛勤努力，於2016年底，終於成功取得認證資格，可發I-20簽證，招收國際學生。

吳姿瑩於2012年在夫婿李茗樵陪同下，到萬佛聖城參加三皈依。李茗樵在君康素菜館看到一本素食戒殺護生的書，夫妻倆毅然決定吃素。吳姿瑩又於2013年再度到萬佛聖城受五戒。她表示，目前每天清晨堅持做早課加拜佛，平時也儘量抽空研讀經典。

學佛以來，吳姿瑩看到自己改變很多：從過去對人不耐煩、要求高、容易生起無名火，到現在對周圍的人，包括病人與辦公室員工，都更有耐性、更能理解。吳姿瑩深深體會：無論工作或生活，所接觸的一切，都在說法，重要的是在於自己是不是看得懂！❀

the Repentance bowing, she successfully passed her oral boards.

Several years after her first participation of the Emperor Liang's Jeweled Repentance, Tammy found out that just one and a half hours away from Modesto in West Sacramento is one of the Venerable Master's Way Places: the City of Dharma Realm (CDR). She started by going to the *Shurangama Sutra* lectures on Saturday evenings. After several months, she was offered an opportunity to teach Freshman Biology at the CDR Instilling Goodness and Developing Virtue Schools (IGDVS) which she accepted and did so for two years. However, due to her full-time work as a surgeon, she was unable to continue teaching. Subsequently, Tammy was invited to participate on the team at CDR to work on the I-17 application for the CDR IGDVS. After nearly 3 years of hard work, in December of 2016, CDR IGDVS successfully obtained the certification to issue I-20 visas to non-immigrant students to attend the school.

In 2012, Tammy was accompanied by her husband, Calvin, to take refuge at the City of Ten Thousand Buddhas (CTTB). While they were on the CTTB campus, Calvin read some books in the lobby of Jyun-Kang Restaurant regarding eating vegetarian food to minimize killing. Afterward, both of them decided to become vegan. Tammy returned to CTTB in 2013 to take the five precepts. Currently, she does morning recitation and bowing every day as part of her practice, in addition to reading sutras whenever she has a spare moment.

Having encountered Buddhism, Tammy has seen much change in herself. In the past, she used to be impatient with and demanding of others; as a result, she had quite a temper and would become angry easily. But now, she has become more patient and more understanding of those around her, including her patients and office staff. Tammy has come to realize that everything and everyone around her is always speaking Dharma; it is a matter of whether she understands it or not! ❀