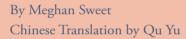
2015

Chan Session in Buddha Root Farm 佛根地禪七



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This summer, 70 participants journeyed to Buddha Root Farm in the coastal mountains of Oregon for a week-long Chan session which was held from June 7 to 13. This area is one of the most biodiverse in the US; the forest is thick and pristine. The campsites are covered in thick green moss, turning the ground into a soft bed. Nestled by tall pines, ferns, budding raspberry vines, we were occasionally visited by a curious deer, rabbit, or even bear. I found it to be a wonderful natural wayplace for Dharma practice.

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今年六月七日至十三日,70人前往 奧瑞岡州沿海山上的佛根地打禪 七。這裡是全美生物種類最多的地 區之一,森林茂密而原始純淨。禪 七地點覆蓋著厚厚的青苔,把大地 鋪成一張柔軟的牀。四週是高聳的 松樹、蕨類植物,以及吐露新芽的 蔓越莓藤蔓;好奇的鹿、兔子、甚 至熊不時來訪。我發現這裡正是一 座適合修行的天然道場。

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