

《往生論》專題講座

——法界佛教大學特邀大安法師主講

Discourse on Rebirth in Pure Land:

Dharma Realm Buddhist University Invites Dharma Master Da An to Lecture

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法界佛教大學於3月5日至9日舉行《往生論》特別講座，邀請淨土宗祖庭——廬山東林寺代住持大安法師前來講解，並有延續法師與康寧法師隨行。

法師原為對外經濟貿易大學（北京）教授、中國佛學院客座教授，長年主講淨宗經論。曾

Dharma Realm Buddhist University (DRBU) invited Dharma Master Da An to lecture on the “Discourse on Rebirth in the Pure Land.” Dharma Master Da An is the acting abbot of Donglin Monastery in Mount Lu of Jiangxi Province, China where the First Patriarch of the Pure Land School established Donglin monastery. Dharma Master Yan Xu and Kang Ning came along with him.

Dharma Master Da An was a professor at the University of International Business and Economics in Beijing before he left the home life. He has been a guest professor at the Chinese Buddhist Academy and has lectured on sutras and shastras of the Pure Land School for years and published “The Teaching Process of the Pure Land School,” “Collections of Pure Land School Dharma Quotes,” as well as over 100 articles.

Dharma Master Da An’s teacher, who shaved his head and transmitted



出版《淨土宗教程》、《淨宗法語大觀》等多種著作，發表論文百餘篇。大安法師的剃度師、授戒師傅印老和尚曾蒙虛雲老和尚授與瀋仰宗法脈。

法師指出，出家前他以在家人身分學佛十年，曾拜《淨土五經》，一字一拜，拜過三次。又拜《華嚴經》一部，為修行打下基礎。東林寺念誦阿彌陀佛聖號的調子特別緩慢低沉，法師表示，那是他在出家前，一次參加精進佛七，廿四小時不停，每人輪流睡眠四小時。但在念佛兩天後，便喉嚨痛，無法發聲。

法師當時心想，應該有比較合適的調子唱誦。當晚耳邊便浮起緩慢低沉的佛號唱誦聲，第二天起，這群參加精進佛七的人都改唱新調，效果出奇的好。大家不但不再喉嚨痛，而且不感疲倦，精神越來越好，這種念佛方式還可以將佛號聲傳送得更遠。

法師後來到東林寺也提倡這種唱誦，先讓大家嘗試一個星期以後投票，90%的人都願意改唱新調念佛，因此，現在東林寺的念佛唱誦與其他地方不同，但很受歡迎。法師又說，在東林寺打佛七，沒有坐念，以免大家打瞌睡。整天經行繞念剛開始很累，但「苦一日、苦二日」後，精神開始好轉，輕安等現象就出現了。

precepts to him, is the elder monk Chuan Yin who also received the Gui Yang lineage of Chan School from Great Master Xu Yun.

Before leaving the home life, Dharma Master Da An bowed to the five major sutras of the Pure Land School three times, making one bow for each word. He also bowed once in this way to the Avatamsaka Sutra. Bowing to the sutras laid a solid foundation for his cultivation. The chanting of Amitabha's name in Donglin Monastery is done especially slowly and in a deep tone. Dharma Master Da An told a story about how the chanting came to be this way. He once attended an intense Amitabha session before leaving the home life. It was a round-the-clock session. Everyone took turns to sleep for four hours a day. However, all of the participants developed a sore throat after the first two days until they lost their voice.

Dharma Master Da An felt that there should be a better way to chant. An especially slow and deep chanting of Amitabha Buddha's name came to his ears that evening. They changed to this new chanting the next day and it turned out to be very effective. Not only were their throats not sore, they actually became refreshed and energized. The sound of this chanting spread even further.

When the Dharma Master went to Donglin Monastery, he promoted this new way of chanting by asking people to try it for one week and then voting on it. 90% of residents of Donglin Monastery voted for this new chanting. So the chanting of Amitabha recitation in Donglin Monastery is popular and different from that of other places. Dharma Master Da An also pointed out that there is no sitting recitation in Donglin Monastery to prevent people from falling asleep. Even though it is tiring to walk all day long in the first two days, people will be energized and feel at ease afterwards.



法師在萬佛聖城講解《往生論》期間，曾在8日與9日下午4:30至5:30，帶領大眾一起繞佛念佛，並提醒大家腳步須配合念誦。先踏出右腳念「南無」，再踏出左腳念「阿彌」，接著是右腳配合「陀」，然後左腳配合「佛」。如是一句佛號走四步，無論口中或足下，都以緩慢為要，以收攝心之效。

法師對於念佛法門深具信心，歡喜讚嘆。並指出隨著地球環境迅速惡化，未來人類可居之地與自然資源越來越少，眾生福報日差，爭奪之心益重。法師弘法也只能「救幾個算幾個」了。



During his lectures at the City of Ten Thousand Buddhas, he led the assembly in the special chanting of Amitabha Buddha's name from 4:30 to 5:30 pm on March 8 and 9. He also told everyone to pay attention to the steps, first putting out the right foot on the recitation of "Na Mo" and the left foot out on "A Mi", then the right foot again on "Tuo" and left foot on "Fo", making a total of four steps in one recitation of Amitabha

Buddha's name. Whether it is chanting or walking, the slower it is the better, because then it is much easier to focus on the mind.

Dharma Master Da An has deep faith in the Pure Land Dharma Door and he praises it with pleasure. He pointed out that as the environment is quickly getting worse, the amount of habitable land for people will decrease, and as we deplete our natural resources, people will fight more for fewer blessings. Dharma Master Da An said that he would save as many people as he could when he spread the Dharma.