



Cherish Nature and Life Summer Camp

愛護自然與生活夏令營

June 23 – July 4 六月二十三至七月四日
For Children Ages 5 – 14 五歲至十四歲兒童

Purpose : Based on the Buddhist teaching of the interconnectedness of all things, the camp explores how human activities impact the environment and other species, and how we can make choices to live more compassionately and sustainably.

目的 : 基於萬事萬物相通相關的佛理，本夏令營帶領兒童探討人類活動對環境與其他物類的影響，以及如何過慈悲與永續生活的抉擇。

Camp Activities 活動項目:

Learn plant-based cooking 素食烹飪

Work on an organic farm 有機農場工作

Recycle and use recycled materials 資源回收及反覆使用物料

Explore alternative energy 探索另類能源

Take nature hikes, fieldtrips 徒步旅行、參訪

Experience Buddhist chanting, meditation, vegetarian meals 念誦、坐禪、素食

Learn about cause and effect, the interconnectedness of all things, the power of the mind
認識因果、萬物相連、心的力量等的道理

Study Chinese language, calligraphy 學習中文與書法

Learn cultural dances and music 中國舞蹈與音樂

Be creative in arts and crafts, drama 美勞與戲劇

Participate in sports, outdoor games, community service 運動、戶外活動、社區服務

Cost : \$200 for day students, \$500 for boarding students

(includes nonrefundable \$20 application fee)

費用 : 參加日間活動生 \$200，住宿生\$500 (包括必繳申請費\$20)

Deadline to apply: June 1 or until spaces are filled. 報名截止日：六月一日或額滿為止

Parents and adults are welcome to volunteer as camp teachers, counselors and helpers.

歡迎家長或成人做義務老師、輔導員或幫手

For more information, go to www.igdvs.org or contact us for an application:

詳情及報名請洽 : Tel & Fax: (707) 468-3896 E-mail: instillgood@drba.org

Instilling Goodness/Developing Virtue Schools

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