

# A Buddhist Vegan Lifestyle Primer 3

## 素食生活 (5)

The minds of people who do good deeds,  
are happy all the time.

—Avatamsaka Sutra, World of the Flower Treasury Chapter, Part 3

While commuting, while standing in line,  
bestow blessings, instead of  
broadcasting angry thoughts.

在忙擠的交通中，  
散給周遭一份祝福，  
而非怒氣。

淨業果成就  
隨時受快樂

—華嚴經華嚴世界品 卷三

