



苦與福

思量疾病苦 健康便是福
思量災難苦 平安就是福
思量有錢苦 沒錢就是福
思量富貴苦 貧窮就是福

宣公上人作於一九八四年六月四日

Suffering and Blessing

When we consider the suffering of sickness, health is a blessing.
When we consider the suffering of disasters, safety is a blessing.
When we consider the suffering of wealth, destitution is a blessing.
When we consider the suffering of nobility, poverty is a blessing.

Composed by the Venerable Master Hua on June 4, 1984

