

*SELECTIONS FROM **Cherishing Life,*** *Vol. 1*

VERSES AND STORIES FOR CHILDREN AND ADULTS



COFFINS

A can of sardines, tuna or sausages,
May often taste quite delicious,
But aren't you just prying open coffins
And feeding on stinking corpses?



ADIEU

As the sun is sinking low
And petals are softly closing.
Two birds settle serenely
Among the evergreens,
Sudden and swift an arrow soars
Piercing deep into the chest,
"Farewell, my darling, forevermore.
How unexpected is your death!"

-Be kind to animals by not eating them-



MEAT BROTH

For hundreds of thousand of years and ages.
There's been meat in the pot simmering a stew,
Brewing up hatred, resentment and rage that will be hard to ever make level.
If you want to know the reason why this world is full of wars and fights,
Just listen one time to the cries that come from the slaughterhouse at midnight.



*"The unpardonable sin of man is cruelty
and neglect to our fellow creatures."*

-Morton Alexander



FROM HERE TO ETERNITY

When the throats are cut:
Air rushes in, but not through the nose,
Blood rushes out through the gaping hole.
They are not yet dead, yet are sure to die.
They cannot quack, but they still can sigh.
As soon as they cease to strive,
They will be chopped up in no time,
What kind of experience is it to die?
Would people like to have a try?



IS IT TIME TO SAY GOOD-BYE?

The man is pulling;
The ewe is resisting
The kids are bleating:
"Where is mother going?"

SOLUTION

Waves of war, madness and blood
Sweep over us like a big flood,
This wound so harsh and deep

Is enough to make you and I weep,
By learning to not kill and fight.
We can save mankind from a terrible
plight.
The number one very best deed,
Is just to stop eating meat.

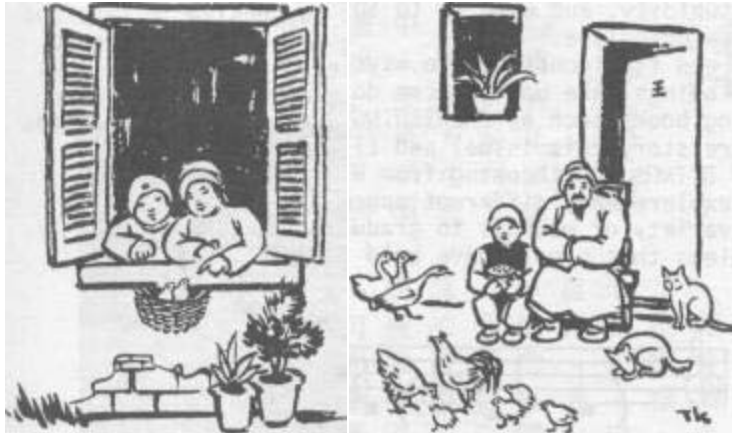
SHAME

People are not sages or worthies.
We can't help but make mistakes.
But if we can correct our faults,
Then this is the greatest good of all.
Cultivate repentance,
Make up for wrongs we have done.
Resolve never to harm or kill again,
And vow to be a new person.



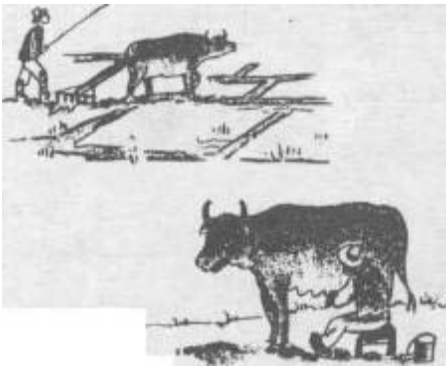
"No physiologist would dispute that man ought to live on a vegetarian diet."

-Dr. Spencer Thomson



GETTING ALONG

When we don't harm creatures
We won't plant seeds of war,
We'll get along like the sun and moon.
Surrounded by clusters of bright stars



OLD MATES

I drank your milk when I was young.
You ploughed my field when I was grown up.
Now that you are old and worn-out,
I will look after you.
I am not a man with no gratitude ;
No harm will come to you.

Take a holiday and relax
Until your years on earth are over.



NATURAL FEELINGS

When I see those who are alive,
I do not wish to see them die.
When I hear their sounds,
I cannot bear to eat their flesh,

-Mencius-

Published by BTTS
160 pages, \$7.00
-now available-