

Join the Ecology Movement!

- by Upasika Marion Robertson

Most of us spend our lives collecting garbage. We cling to the myriad things of the world as if they were valued treasures, oblivious to how they clutter our way and obstruct our cultivation. When we're not busy collecting material belongings or good food to eat or extra sleep, we're busy collecting worldly knowledge or experiences, recognition or status, the attention of the opposite sex or ego-bolstering friendships. Why are these garbage? They're useless. In what way are they useless? They're all impermanent. What worldly knowledge, pleasures, or reputation can save us from dying or benefit us after death? They're all just garbage that muck up our true nature and get in the way of our ending birth and death.

What should we do instead? Join the ecology movement! Recycle the energy we waste on greed, hatred, delusion, fear and doubt. Use this energy instead for cultivating precepts, samadhi, wisdom, compassion, and faith. Look within for that which is constant, where no dust can alight, much less garbage!