

Bodhi Mirror

compiled by Bhikshuni Heng Ch'ih

MOHNYIN SAYADAW

A scholar of the Abhidharma, Mohnyin Sayadaw expounds Buddhist psychology and then encourages its exploration through actual practice. Through studied investigation of the eighteen realms, the twelve links of conditioned co-production, the six consciousnesses, and the eight parts of all physical phenomena which are:

a. the four basic elements of solidity, fluid, heat and cold, and motion, and

b. color, smell, taste, nutrient qualities, the adherent comes to realize all physical and mental phenomena are impersonal and nonsubstantial . Mohnyin Sayadaw notes:



"Just as a reed or a bubble or a mirage is without substance, without contents, and empty, so corporeality, feeling, perception, mental formations, and consciousness are without substance and contents, empty, futile, impersonal. They are without master, or anyone who has power over them, they are neither child, nor woman, nor man, nor personality, nor anything belonging to personality, neither 'I' nor 'mind,' nor do they belong to anybody else.

"Eventually, while continuing to investigate the formations of existence, the practitioner overcomes all fear, delight, and indifference and there arises in him a profound equanimity."

His teachings are spread by disciples at a center in Rangoon and throughout Burma.