

般若觀音聖寺

Prajna Guan Yin Sagely Monastery

For Office Use:

Seat No.

Paid / Unpaid

21~29/11/2009 彌陀七 報名表格

Amitabha Buddha Recitation Session

REGISTRATION FORM

姓名 Name	中 Chinese		英 Eng.	
性別 Sex	男 <input type="checkbox"/> M	女 <input type="checkbox"/> F	出生日期 Date of birth	年齡 Age
電話 Tel:	家 Hse.		手提 H/P	
電郵 e-mail		寮房是否須要冷氣? Do you need air-con in your dormitory?		否 <input type="checkbox"/> 是 <input type="checkbox"/> No Yes

註：欲睡冷氣房者請自備棉被及寒衣，以免受寒著涼。

Note: Those who choose to sleep in the air-con room need to prepare your own warm clothing & blankets to prevent cold.

健康狀況 Health Status	佳 <input type="checkbox"/> 尚可 <input type="checkbox"/> 不良 <input type="checkbox"/> Good Fair Poor	學佛背景 Background in Buddhism	三皈 <input type="checkbox"/> 3 Refuges	五戒 <input type="checkbox"/> 5 Precepts	菩薩戒 <input type="checkbox"/> Bodhisattva Precepts
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是否參加過本寺所主辦的以下幾次精進佛一、佛七、佛十及兩週精進佛七等?
Have you ever participated in the following Vigorous 1-day, 7-day, 10-day or 14-day Buddha Recitation Session held by us?

- ① 24/12/2005 ~1/1/2006 精進佛七 7-Days Vigorous Buddha Recitation: 否 No 是 Yes
- ② 16~31/12/2006 兩週精進佛七 2-Weeks Vigorous Buddha Recitation: 否 No 是 Yes
- ③ 21/12/2007~1/1/2008 精進佛十 10-Days Vigorous Buddha Recitation: 否 No 是 Yes
- ④ 12~27/12/2008 兩週精進佛七 2-Weeks Vigorous Buddha Recitation: 否 No 是 Yes

緊急事件通知人 Emergency Contact Person		關係 Relationship		電話 Tel:	
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本人在佛七期間同意遵守主辦單位所訂的一切規約。

I agree to abide by all the rules of the organizer during this Buddha Recitation Session.

日期 Date		簽名 Signature	
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未滿十八歲者，應有家長同意書。
Participant under the age of 18 requires parent's/guardian's consent.

家長簽名
Signature of Parent /Guardian

般若觀音聖寺主辦

彌陀七簡章

1. 日期：公元2009年11月21日（星期六）至 2009年11月29日（星期日）

2. 參加資格：

①年齡十三歲以上，六十五歲以下，思想純正，行為端正的佛教徒。

（若六十五歲以上自認健康狀況允許者，也可以參加。）

②願意在彌陀七期間：

①一律嚴格禁語七日七夜。

②受持七日七夜八關齋戒。

③一律過午不食及不飲漿。（除白開水之外，其他飲料一律禁止飲用。）

④每日隨眾念佛修行，並禮佛至少300拜以上。

⑤遵守主辦單位所訂的一切規約。

③曾經動過大手術及嚴重疾病如高血壓、心臟病、肺結核、糖尿病、胃病、偏頭痛、哮喘、發羊癲、夢遊、B型肝炎者一律謝絕參加。

④謝絕嘗試，信心不足及隨喜參加一、二日者。

⑤主辦單位有權拒絕任何報名者參加。

3. 報名手續：

①填妥報名表格一份。

②報名費RM 100/=

4. 穿著：

①只允許穿全白色的寬鬆T-恤及長褲（請準備至少八套以上。若不方便，灰、黑及深藍色之長褲亦可通融），其他衣物包括睡衣一律禁穿。

②蓄長髮的女參加者須用橡皮圈把頭髮綁整齊，禁止使用任何髮夾和髮飾。

③請勿攜帶貴重首飾、手錶或物品，以及塗香抹粉。

④請自備海青（最好兩件）。

5. 自備用品：

①請自備日用品：睡袋或被單、枕頭、牙膏、牙刷、沐浴露（無香）、毛巾等。

②嚴格禁止攜帶任何食物包括沖泡飲料、補品等。

6. 注意事項：

①參加者須遵守戒律及克制思想、舉止及行為。

②佛七期間：不閱讀報章、雜誌、不接撥電話或短訊、不收寄信件、不聽收音機及耳聽機，並謝絕會客。

7. 截止日期：2009年11月8日（星期日）

8. 報到時間：2009年11月21日（星期六）下午12:30 pm 至 1:30 pm。

Amitabha Buddha Recitation Session

At Prajna Guan Yin Sagely Monastery

1. Date: 21st November 2009 (Saturday) to 29th November 2009 (Sunday)

2. Requirements:

- ① Open to all Buddhists who have proper faith, right views and good conduct, **between 13 to 65 years old**. (Age above 65 but reckon that they are healthy may be allowed)
- ② One **must adhere to the following rules** for the duration of the session:
 - ① **Maintain absolute silence for 7 days and 7 nights.**
 - ② **Receive and uphold the 8 Vegetarian Precepts for 7 days and 7 nights.**
 - ③ Participants are **not allowed to take any kind of food including fruit juice after noon** except plain water.
 - ④ Accord with the Assembly in cultivation, in reciting the Buddha's name and making at least 300 bows daily.
 - ⑤ Abide by all the rules laid down by the organizer.
- ③ Those who have undergone major surgery and/or suffering from serious illnesses such as high blood pressure, heart problems, diabetes, gastric, migraine, asthma, epilepsy, sleep walking, Hepatitis B, and Tuberculosis are strictly prohibited from participation.
- ④ Applicants who are not committed and serious and wish to participate on a trial basis are strictly not allowed.
- ⑤ The organizer reserves the right to reject any application.

3. Registration Procedure:

- ① To complete the Registration Form.
- ② Registration Fee : RM 100/=

4. Attire:

- ① Loose and **white colored T-shirt & long pants (at least 8 sets is advisable. If not convenient, grey, black or dark blue long pants are permissible)**. All other types of clothing include pyjamas are prohibited.
- ② Ladies with **long hair** should tie their hair with plain rubber band—all other types of hair clips are prohibited.
- ③ Please do not bring along valuable jewelry, watch or accessories and makeup or fragrant powder.
- ④ Please bring along ceremonial black robe. (2 sets of robe is advisable)

5. Necessities:

- ① Please bring your own daily necessities such as sleeping bag or blanket, pillow, toothpaste, toothbrush, **soap/shower gel (without fragrance)**, towel, etc.
- ② Bringing instant or flavored drinks or tonics other than plain water are strictly prohibited.

6. Special Attention:

- ① Participants must abide by the precepts and guard one's mind and conduct.
- ② During the session, the following activities are not permitted :
 - ① Reading newspapers or magazines,
 - ② Making and/or receiving phone calls or SMS messages,
 - ③ Receiving and sending letters,
 - ④ Listening to radio or using walkman, Discman etc.
 - ⑤ Receiving and communicating with guest and relatives.

7. Registration Deadline: 8th November 2009 (Sunday)

8. Reporting Time: 21st November 2009 (Saturday), between 12:30 pm to 1:30 pm